

REVISED 2015 GSDS Trans* Provider Resource List

The **Gender and Sexual Diversity Spectrum (GSDS)** Initiative is a project of Carolina Partners in Mental Healthcare, PLLC. The GSDS is increasing access to culturally-competent care for folks in the LGBTQQIA communities, while also raising the visibility and needs of these populations within medical and mental health care spaces. The GSDS also offers mentorship to aspiring clinicians and other providers from the LGBTQQIA communities, supporting them in working directly within their communities to provide services. Visit the website for more information: carolinapartners.com/programs/gsd-initiative.php.

While we do not have the capacity to update this resource list in a continuous way, we welcome feedback regarding any of these providers. Send any/all feedback to j.louisenewton@gmail.com with the subject "GSDS Provider List Feedback."

Table of Contents

- Primary Care and HRT Prescribers.....2
- Trans* Advocate Mental Health Therapists & Psychiatrists.....5
- Local Centers.....8
- Support Hotlines8
- National & International Resources.....9
- Trans* & Ally Support Groups9
- Ancillary Treatment..... 10
- Surgeons – National and International Listings..... 13

Primary Care and HRT Prescribers

Providing hormone replacement therapy (HRT); pap smears and other reproductive organ annual assessments; general and family practice; referrals to other providers.

Chapel Hill and Carrboro, NC

Planned Parenthood of North Carolina

Chapel Hill Health Center

Provides: Reproductive Services for all genders; Hormone treatments for FTM/trans men using an informed consent model; sliding scale fees

1765 Dobbins Drive, PO Box 3258

Chapel Hill, NC 27514

(919) 942-7762

Fax: (919) 933-5270

Dr. Cory Annis, MD and Dr. Kerith Lawrence, MD

Carrboro Pediatrics and Internal Medicine

Must verbally identify as LGBTQI to become a new patient, otherwise practice is full; GP for all genders adult and children, HRT for MTF and FTM folks, including teens; operates on informed consent model; reproductive health; continuum of care; referral

127 Fidelity St

Carrboro, NC 27510

(919) 933-8381

Fax: 919-933-6623

carrboropediatrics.com/index.html

Dr. Elizabeth G. Motyka, M.D.

Provides: GP for all genders, hormones for FTM only; assessment; real life experience living in preferred gender; informed consent model of care, gynecology services

727 Eastowne Drive, Suite 200A

Chapel Hill, NC 27514

(919) 401-4515

info@forwomengyn.com

www.forwomengyn.com/

Dr. Eric Klett, MD

UNC Endocrinology

Provides: MTF & FTM continuum of care; Requires Mental Health Assessment and HRT Referral letter for access to care

UNC Highgate Specialty Center

300 Meadowmont Village Circle

Chapel Hill, NC 27517

(919) 484-1015 Fax: (919) 806-2181

medicine.med.unc.edu/divisions/endocrinology-metabolism/clinical-faculty/eric-klett-md

Durham, NC

Dr. Jennifer Perkins, MD

Duke Endocrinology

Provides: MTF & FTM; HRT; Continuum of Care

DUMC 3452

Durham, NC 27710

Appointment Telephone: 919-620-5300

(919) 684-3841 Fax: 919-668-1559

<https://www.dukemedicine.org/find-doctors-physicians/jennifer-m-perkins-md>

Dr. Warner Burch, MD

Duke Endocrinology

Provides: MTF & FTM; HRT; Continuum of Care

DUMC 3283

Durham, NC 27710

Appointment Telephone: (919) 668-7630

(919) 684-6064

Raleigh & Cary, NC

Planned Parenthood – Raleigh

Provides hormone treatments for both Female-to-Male/trans men and Male-to-Female/trans* women using an informed consent model.*

Kate Swift-Scanlan

kate.swift.scanlan@pphs.org

100 S. Boylan Ave.

Raleigh, NC

(919) 833- 7526

Dr. Craig Stephens, M.D.

Provides: GP for all genders

Triangle Family Care

106-A Ridgeview Drive

Cary, NC 27511

(919) 319-6363 Fax: (919) 319-1331

trianglefamilycare.com/craigstevensmd.htm

Outside the Triangle

Dr. Deanna Jones, M.D.

Provides: HRT for FTM & MTF; continuum of care; very long waiting list for new patients

1242 C. South 5th St

Mebane, NC 27304

919-563-3007

armc.com/app/doctors/profile.aspx?id=2698#Profile

Dr. Bhakti B. Paul, M.D.

Kernodle Clinic West

Provides: Endocrinology

1234 Huffman Mill Rd

Burlington, NC 27215

(336) 538-1234

Dr. Asif R. Rizvi, M.D.

Provides: Endocrinology

105 Roxie Ave

Fayetteville, NC 28304

(910) 609-1880

Dr. Jennifer Badik, M.D.

Provides: Pediatric Endocrinology, Pediatric Subspecialists
301 E Wendover Ave, Suite 311
Greensboro, NC 27401
(336) 272-6161

Dr. Melissa Bates, M.D. and Dr. Allen Cooper, M.D.

Provides: General Practitioners to all genders
Carolina Pediatrics of the Triad
2707 Henry Street
Greensboro, NC 27405
(336) 574-4280 Fax: 336-574-4634
cptriad.com/

Dr. Donald Pittaway, M.D.

Provides: Pediatric Endocrinology, OB/GYN
Brookview Women's Center
3333 Brookview Hills Drive
Winston Salem, NC 27103
(336) 793-8109
dpittawaybwc@bellsouth.net
donaldpittawaymd.com/index.html

Charlotte Transgender HealthCare Group

cthcg.org/

Jessica Rubio, FNP

*Primary care including hormone therapy. Habla español.
Contact her directly for referrals to trans* friendly providers
at other Piedmont Health agencies in Moncure, Prospect Hill,
Carrboro, and Siler City*
Charles Drew Community Health Center
221 N/ Graham-Hopedale Rd.
Burlington NC
(336) 570-3739
rubioj@piedmonthhealth.org
piedmonthhealth.org/

Trans* Advocate Mental Health Therapists & Psychiatrists

Providing psychiatric medication management and supportive counseling during transitions, recommendation letters, case management and information sharing for moving through barriers such as gender markers, and mental health evaluations when necessary for a patient to access medical care related to transition.

Durham, NC

1005 Wellness Center

Meredith Hancock, MSW, LCSW

Eli Ogburn, MSW, LCSW

Mignon Hooper, MSW, LCSW

This center is comprised of healers of various gender and sexual identities who provide a number of wellness options in an LGBTQ affirming environment. The Center welcomes the community to bring all aspects of themselves into the space.

1005 Broad St.

Durham, NC 27705

1005wellnesscenter.com/

J. Louise Newton, MSW, LCSW

Carolina Partners in Mental HealthCare, PLLC

1502 W NC Hwy 54, Suite 103

Durham, NC 27701

(919) 354-0850 x 308 Fax: (919)294-8590

J.LouiseNewton@gmail.com

louisenewton.com

Sheffa Ariens, MA, MFT

Durham, NC (contact for location)

(919) 335-3693

sheffaariens@gmail.com

Molly Parks, Psy.D., Licensed Psychologist

817 Broad St

Durham, NC 27705

(919) 937-8335

drmollyparks@gmail.com

drmollyparks.com

Louis Sawyer, Ph.D

Psychologist and founder at Androgyny Center

3325 Chapel Hill Blvd, Suite 186

Durham, North Carolina 27707

(919) 489-8753

Miriam Brodersen, MSW, LCSW

910 Broad St.

Durham, NC 27705

(919) 636-2434

miriambrodersen.com/

Frances Ulman, PhD

3805 University Drive, Suite D

Durham, North Carolina 27707

(919) 322-9838

francesulmanphd@gmail.com

francesulmanphd.wordpress.com/

Sammy Banawan, PhD

5850 Fayetteville St #201
Durham, NC 27713
(919) 627-8675
banawan@durhamdbt.com
durhamdbt.com/banawan

Chapel Hill and Carrboro, NC

Andrea Murray-Lichtman, MSW, LCSW

Murray-Lichtman Clinical Services
1829 E Franklin St, Suite 900 D
Chapel Hill, NC 27514
(919) 636-3097 Fax: (919) 869-2213
[murraylichtmanclinicalservices.com/About Us.html](http://murraylichtmanclinicalservices.com/About%20Us.html)

Michelle C Johnson, MSW, LCSW

302 Weaver Street
Carrboro, NC 27510
(919) 260-2145
michelle.socialworker@gmail.com
michellesocialworker.com

Gillian Corzine, MS, NCMFT

104 Jones Ferry Road, Suite F
Carrboro, NC 27510
(919) 885-0069

Holly Culton, MA, LPA

1829 E. Franklin St.,
Chapel Hill, NC 27514
(919) 360-8099
hollyculton@gmail.com

Raleigh Metro

Abra Nardo, Ph.D., HSP-P

416 Morson St
Raleigh NC 27601
(919) 816-2411
nardo@downtownpsychology.com
downtownpsychology.com

Jack McKinney, M.Div., Ph.D.

Triangle Pastoral Counseling
312 W. Millbrook Road, Suite 109
Raleigh, NC 27609
(919) 845-9977, ext. 219
jack@mckinneycounseling.org
tpccounseling.org

April Fields, MD

Provides: Psychiatry, medication management for mental health and psychotherapy
Wake Psychiatry
1500 Sunday Drive, Suite 200
Raleigh, NC 27607
(919) 322-2413
wakepsychiatry.com

Shelley L. Gilmore, LCSW

I am taking new clients and will make every effort to serve the LGBTQQI community.
211 E. Six Forks Road, Suite 105
Raleigh, NC 27609
(919) 412-4581
shellgilm@yahoo.com

David Young Oh, LPC, MS, MA, NCC

I am transaffirmative and accept clients exactly where they are at whatever scale that may be.

111 Brooks Avenue
Raleigh, NC 27607
(919) 960-1396 Fax (919) 887-2746

daveyoungoh@gmail.com
about.me/dyoh

Outside the Triangle

Dr. Mojeed Akintayo, M.D.

Neuropsychiatric Care Center
Provides: Psychiatry, med management
445 Dolley Madison Road, Suite 210
Greensboro, North Carolina 27410
(336) 397-4428

neuropsychcarecenter.com

Kimball Sargent, MSN, PMHCNS-BC

Has specialized in working with trans clients since 1997*

7155 Sunset Lake Rd
Fuquay Varina NC 27526

kimball@kimballsargent.com
genderjourney.com

Lori Oshrain PhD

320 Bradshaw Quarry Road
Efland, NC 27243
(919) 267-6776

loshrain@gmail.com

Tree of Life Counseling

Affirmative therapy for all LGBTQ clients
1821 Lendew Street
Greensboro, NC 27408
(336) 288-9190 Fax: (336) 450-4318

info@tlc-counseling.com

Bernard J. Newton, Jr., MSMFT, LPC, CSAT-C

936 W. 4th St., Suite 200
Winston-Salem, NC 27101 (as of June 2015)
(336) 283-5063

bernie@newtonpsych.com
newtonpsych.com

Local Centers

LGBTQ Center of Durham

Helena Cragg
hcragg@lgbtqcenterofdurham.org
lgbtqcenterofdurham.org/

LGBTQ Center of Raleigh

324 South Harrington Street - Raleigh NC 27603
(919) 832.4484
info@lgbtcenterofRaleigh.com
lgbtcenterofraleigh.com/

Support Hotlines

Trans Lifeline

877-565-8860
www.translifeline.org/

Suicide Prevention Lifeline

800-273-8255
suicidepreventionlifeline.org/

Hopeline: A 24 Hour Youth Crisis Line

919-231-4525

Wrenn House/Haven House Crisis Line

919-832-7866

The Trevor Project

866-488-7386
thetrevorproject.org/

National & International Resources

World Professional Association of Transgender Health (WPATH)

As an international multidisciplinary professional Association the mission of The World Professional Association for Transgender Health (WPATH) is to promote evidence based care, education, research, advocacy, public policy and respect in transgender health. You can access the Standards of Care and search for a provider in your community online.

1300 S. 2nd Street, Suite 180

Minneapolis, MN 55454

wpath@wpath.org

wpath.org

Mazzoni Center

Located in Philadelphia, PA the Mazzoni Center is medical center that provides trans health care but also hosts the National Trans Health Conference for providers, trans* community members, family, and allies.*

21 South 12th Street

Philadelphia, PA 19107

(215) 563-0652

mazzonicenter.org/

Trans* & Ally Support Groups

Transgender Initiative

Raleigh LGBT Center – meetings second Monday of the month at 8pm

rchapin@lgbtcenterofraleigh.com

lgbtcenterofraleigh.com/programs/adult-programs/transgender-programs.html

Trans Discussion Group

Internationalist Books- Chapel Hill

1st and 3rd Wednesdays at 8 PM-9 PM

ibookseventscalendar@gmail.com

internationalistbooks.org/calendar

Significant Others, Families, Friends, and Allies (SOFFA)

Raleigh LGBT Center- meetings third Saturday of the month 1 pm

rchapin@lgbtcenterofraleigh.com

lgbtcenterofraleigh.com/programs/adult-programs/transgender-programs/significant-others-friends-family-and-allies-soffa.html

Phoenix Transgender Support Group – Asheville

JessicaAsh@aol.com

phoenixtgs.weebly.com/transgender-resources.html

Carolina Transgender Society-Charlotte

carolinatransgendersociety.com

Trans Talk Tuesday – Carrboro

LGBTQ Center on UNC Campus

2nd and 4th Tuesdays 12 PM-1 PM

(919) 843-5376

lgbtq@unc.edu

lgbtq.unc.edu/programs-services/peer-support-and-discussion

Gender Support Group for Teens

A queer and trans-specific youth meeting space*

Raleigh, NC

LGBT Center of Raleigh

lgbtcenterofraleigh.com

Ancillary Treatment

Acupuncture, Chinese medicine, yoga, and body work provided by trans* affirming practitioners who are knowledgeable and sensitive to health needs of gender variant folks.

Chrystal Bartlett, BA Communication, MA Public Relations

Services: Transition coaching: voice pitch, verbal and nonverbal behaviors, attire

1425 Chester Road, Raleigh NC 27608

[919.833.6498](tel:919.833.6498)

chrystalbartlett@gmail.com

chrystalbartlett.com/services/

Transforming Family

Provides: Support group for trans children and their families. Meets last Saturday of the month alternating between Greensboro, NC and Durham, NC*

Andrea Bird, coordinator

andrea@transformingfamily.org

Entre Nosotras

Trans Latina Support Group at El Centro Hispano*

Durham, NC

Cristina Morales

cmorales@elcentronc.org

Patty Adams, RYT-200

Queer yoga teacher, bodyworker, and healing artist

Offers sliding-scale Thai bodywork and donation-based yoga especially for queer and trans folk (See Yoga for Queers and Misfits). Offerings are trauma-informed, focused on safe space, liberation, and accessibility. Private yoga sessions are available as well.*

Durham, NC

durhambodyworkandyoga@gmail.com

durhambodyworkandyoga.wordpress.com

Kuan Yin

Triangle-area transgender-only syringe exchange program. Free IM syringes, injection supplies, hormone + silicone injection education, overdose prevention and naloxone access, and safer sex supplies, including the internal/female condom

kuanyinsep@gmail.com

Jeffrey Brown, LMBT

Intuitive Touch Massage Therapy
Durham, NC
(415) 254-3237

jeffreytherapy@gmail.com

Shea D Broussard, M.A., L.Ac.

Provides: Acupuncture, Medical Qi Gong, and Food Energetics
Durham, NC
(512) 294-3435
info@acushea.com
acushea.com

Jessica Ledford, LMBT**Faith Seay, RN, BSN, LMBT**

Endless Summer Massage
Provides: Therapeutic Massage for Stress Reduction, Injury, Chronic Pain, Headaches, Athletes
Durham, NC
(919) 627-8111
endless.summer.massage@gmail.com
endlesssummermassage.com

Yoga for Queers and Misfits

All-levels, donation-based yoga in Durham, NC which provides a safe space for queer, gender non-conforming, hairy-bodied or otherwise 'othered' folks.

Cost: Donation, Suggested \$10

Wednesday nights in Downtown Durham.

durhambodyworkandyoga.wordpress.com/yoga/yoga-for-queers-and-misfits

Queer Yoga

Led by Danny Depuy, Queer yoga is intended to be an intentionally safe space for LGBTQ individuals, and allies to connect with other supportive practitioners and most importantly, their own body and breath. This class is taught at a moderate level – beginners are welcome. All gender expressions and body types welcome.

Cost: Sliding Scale, \$10-\$20 a session

Chapel Hill, NC

heartofyogaschool.com/special-classes

Alison Norman, LMBT

817 Broad Street
Durham, NC 27705
(919) 323-0950
alisonnormanmassage@gmail.com
alisonnorman.com

Electrologists**Sona Med Spa**

5511 Capital Center Dr #102
Raleigh, NC 27606
(919) 859-1961
sonamedspa.com

Marshall's Electrolysis

1041 Dresser Court
Raleigh, NC 27609-7323
(919) 872-5462

Casey Bagnell

Visions of Change
Shoppes at University
8929 JM Keynes Dr., Ste. 500
Charlotte, NC 28262
(704) 807-1105
Casey@VisionsOfChange.net
visionsofchange.net/meetcasey.html

Corlase Electrolysis and Laser

Andrea- Trans*-savvy Clinician
106 New Edition Court
Cary, NC 27511
(919) 460-1884
corlase.com

Salons, Hair Styling & Waxing**Douglas Carroll Salon and Spa**

Stylist: Maribel Mirafuente-Chua
6325 Falls of Neuse Rd #27
Raleigh, NC 27615
(919) 876-5411
douglascarrollsalon.com

Angel Hair Wig Gallery

Provides: We offer a wonderful selection of quality wigs in a warm, supportive environment. We are a full service wig salon, with a private fitting room for your comfort. It is our goal to help each of our clients to look and feel better in a place where they can feel right at home.

Owner: Gina Murray
7478 Creedmor Road
Raleigh, North Carolina 27613
(919) 841-9447
angelhairwiggallery.net/

LeCoupe Hair Studio

Owner/Stylist: Nealy Prevatte
2705 White Cross Rd.
Chapel Hill, NC 27516
(919) 932-3211

Rejuve Salon Spa

Stylist: Ask for Michelle
1100 Logger Court Suite B102
Raleigh, NC 27609
Ph: (919) 518-0819
rejuvesalonspa.com

Gallery of Wigs

Provides: Raleigh's premier wig gallery, Gallery of Wigs, offers women's hats, kerchiefs, scarves, synthetic and human hair wigs in black, brunette, blonde, and other shades & sizes. At the Gallery, we have private fitting rooms and an abundant selection of wigs, hats, and accessories to choose from. We know it is important for you to feel and look like you! Consultations are complimentary and we will spend the

time you need to be confident and comfortable about your decision.

3434 Edwards Mill Rd. Suite 108
Raleigh, NC 27612
(919) 785-1085
galleryofwigs.net

Surgeons – National and International Listings**Dr. Keelee Macphee M.D.**

Provides: Chest Enhancement, Reduction, Reconstruction, Facial

Renaissance Plastic and Reconstructive Surgery Group
4414 Lake Boone Trail
Rex Medical Plaza; Suite 407
Raleigh, NC 27607
(919) 341-0915 or 919-341-0966
www.renaissancenc.com

Dr. Marci Bowers, M.D.

Provides: Gender Confirmation Surgeries, specialty in MTF bottom surgeries, surgeries are all done in San Mateo, CA
PO Box 1044
Trinidad, CO 81082
(877) 439-2244 Fax (877) 439-9922
mail@marcibowers.com
marcibowers.com/grs/gender.html

Dr. Robert Oates, M.D.

Urologist at Boston Medical Center

Provides: Genital Reconstruction Procedures
(617) 638-8485
robert.oates@bmc.org

Fax letters to ATTN: Debra 617-638-8558 (he will require a mental health assessment of several visits and a referral letter to do an orchiectomy. He has in the past arranged for a penectomy though this is difficult to access and would require months if not a year in therapy prior to his providing the service.) Also note that if a penectomy is done, there is no future possibility of vaginoplasty.

Jenelle Foote, M.D.

Midtown Urology
128 North Ave. NE, Suite 100
Atlanta, GA 30308
404-881-0966

Dr. Toby R. Meltzer, M.D., PC

Provides: Gender Confirmation Surgeries; top and bottom surgeries for FTM and MTF

7025 N. Scottsdale Rd., Suite 302

Scottsdale, AZ 85253

(480) 657-7006 Fax: (480) 657-7020

Contact Practice Manager Linda Takata

lindat@tmeltzer.com

Notes: Have heard he provides excellent follow-up and technique. He will schedule consults with people at conferences if he is in attendance and the office is contacted for scheduling well in advance. He is also the person to go to for urethral lengthening and/or vaginectomy

<http://www.tmeltzer.com/>

Dr. Christine McGinn M.D.

Provides: Gender Confirmation Surgeries; top and bottom surgeries for FTM and MTF

Papillon Gender Wellness Center

18 Village Row, Suite 43

Logan Square

Lower York Road (202)

New Hope, PA 18938

(215) 693-1199 Fax: (215) 693-1197

PapillonCenter@gmail.com

drchristinemcginn.com/

Dr. Peirre Brassard, M.D.

GRS OFFICE MONTREAL

995, De Salaberry

Montreal, Quebec H3L 1L2

Canada

(514) 288-2097 Fax: (514) 288-3547

INFO@GRSMONTREAL.COM

grsmontreal.com/anglais.html

While we do not have the capacity to update this resource list in a continuous way, we welcome feedback regarding any of these providers. Send any/all feedback to j.louisnewton@gmail.com with the subject "GSDS Provider List Feedback."

Please share this list far and wide!